© 2024 The Authors.

This article is published online with Open Access by IOS Press and distributed under the terms of the Creative Commons Attribution Non-Commercial License 4.0 (CC BY-NC 4.0). doi:10.3233/SHT1240343

Exploring User Views on Telemedicine to Support Cancer Patients: Insights from Focus Group Discussions in the Context of the eCAN Joint Action

Anastasia FARMAKI^{a,1}, Tugce SCHMITT^b and Pantelis NATSIAVAS^a

^a Institute of Applied Biosciences, Centre for Research and Technology Hellas,

Thessaloniki, Greece

^b Cancer Centre, Sciensano, Brussels, Belgium

ORCiD ID: Anastasia Farmaki https://orcid.org/0009-0006-5954-1882

Tugce Schmitt https://orcid.org/0000-0001-6893-6428

Pantelis Natsiavas https://orcid.org/0000-0002-4061-9815

Abstract. This paper provides insights into user perspectives on telemedicine for cancer based on Focus Group Discussions (FGDs) within the eCAN Joint Action. Two FGDs centered on the eCAN mobile app and the eCAN dashboard, aiming to confirm user acceptance and understand cancer patients' and healthcare professionals' views. The findings highlight the importance of personalized deployment of telemedicine technologies to meet the specific needs of end users.

Keywords. Telemedicine, end-user perspectives, focus group discussions

1. Introduction

The eCAN Joint Action² aims to provide a framework of recommendations for the integration of teleconsultation and telemonitoring in healthcare systems. Recognizing the pivotal role of user engagement in designing effective telemedicine solutions, two Focus Group Discussions (FGDs) were conducted. Whereas the first FGD focused on the eCAN mobile app, engaging patients, the second FGD revolved around the eCAN dashboard web app, involving healthcare professionals (HCPs).

2. Methods

The FGDs took place through an online platform [1-3]. For participant selection, a sampling method [4] was employed, considering factors such as language, availability,

¹ Corresponding author: Anastasia Farmaki; E-mail: afarmaki@certh.gr.

² eCAN JA: Joint Action on strengthening ehealth including telemedicine and remote monitoring for health care systems for **CAN**cer prevention and care - Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or HaDEA. Neither the European Union nor the granting authority can be held responsible for them. Please see the website: https://ecanja.eu/

and positive feedback from previous participatory activities. The FGDs were organized in several phases.

3. Results

With the active involvement of patients and HCPs, both FGDs confirmed that the two eCAN solutions were well-accepted. According to the patients involved in the first FGD, it is crucial to involve users with different levels of digital literacy, just as the eCAN pilot participants. Patients prefer visuals over numerical data and suggest adding some features to the eCAN mobile app, which could potentially support them (e.g. a notebook). Concerns were raised regarding the potential risks of the use of ehealth apps, e.g., the handling of bad news and information overload. According to HCPs, high adaptability, immediate technical support, secondary use of patient data, personalized design, and feedback from pilot participants are very important. Despite these benefits, HCPs concluded that the dashboard should be used as a supplementary tool to their conventional clinical monitoring approaches.

4. Discussion

Comparing our work with previous studies [5,6], it is evident that there is a need for personalized design of telemedicine solutions. Moreover, further elaboration on critical aspects in the medical informatics domain (e.g., cybersecurity) is necessary.

5. Conclusions

Overall, valuable insights were gained from the two FGDs on the use of the developed eCAN technologies providing a useful basis for further elaboration on the usability of telemonitoring solutions in Europe.

References

- [1] Dos Santos Marques IC, Theiss LM, Johnson CY, McLin E, Ruf BA, Vickers SM, et al. Implementation of virtual focus groups for qualitative data collection in a global pandemic. Am J Surg. 2021 May;221(5):918–22.
- [2] Poliandri D, Perazzolo M, Pillera GC, Giampietro L. Dematerialized participation challenges: Methods and practices for online focus groups. Frontiers in sociology. 2023;8:1145264.
- [3] Wong LP. Focus group discussion: a tool for health and medical research. Singapore Med J. 2008 Mar;49(3):256–60; quiz 261.
- [4] Campbell S, Greenwood M, Prior S, Shearer T, Walkem K, Young S, et al. Purposive sampling: complex or simple? Research case examples. J Res Nurs. 2020 Dec;25(8):652–61.
- [5] Fuentes A, Amat C, Lozano-Rubí R, Frid S, Muñoz M, Escarrabill J, et al. mHealth Technology as a Help Tool during Breast Cancer Treatment: A Content Focus Group. Int J Environ Res Public Health. 2023 Mar 4;20(5).
- [6] Turner K, Bobonis Babilonia M, Naso C, Nguyen O, Gonzalez BD, Oswald LB, et al. Health Care Providers' and Professionals' Experiences With Telehealth Oncology Implementation During the COVID-19 Pandemic: A Qualitative Study. J Med Internet Res. 2022 Jan 19;24(1):e29635.